



Kiwaniis®

KIWANIS CLUB OF TUSCOLA NEWSLETTER SEPTEMBER 2016

See club information and photos on our website at www.tuscolakiwanis.org
and on Facebook at www.facebook.com/tuscolakiwanisclub

2016 Events/Activities

Wednesday, September 14	Board Meeting – The Smith House
Tuesday, October 4	Governor’s Dinner – Red Barn
Saturday, October 8	Homecoming Pancake Breakfast – Comm. Bldg
Wednesday, October 12	Board Meeting – The Smith House
Friday & Saturday, Nov. 11 & 12	Peanut Sales Days

2017 Events/Activities

Saturday, February 25	Pancake Breakfast – Forty Martyrs Hall
Thur. & Friday March 30 & 31	Fish Fry Thaw and Dinner – Forty Martyrs
Saturday, April 8	Easter Egg Hunt – Ervin Park (rain: 4/15)
Saturday, May 20	Document Shredding Event – Ervin Park
Saturday, June 10	Douglas County Relay for Life

Upcoming Meetings & Program Assignments

September 5	NO MEETING – Labor Day
September 12	Paul Wisovaty
September 19	Sue Wisovaty
September 26	Doris Young
October 3	Officers/Club Directors Installations
October 10	2015/2016 Club Awards
October 17	Wilma Allen
October 24	Tammy Baer
October 31	David Butler

November 7	Carol Bauer
November 14	Maureen Bergeson
November 21	Margo Blaudow
November 28	Char Bontrager
December 5	Elaine Bryant
December 12	Andy Brzozkiewicz
December 19	Club Christmas Party – Bring \$10
December 26	NO MEETING
January 2	Joyce Brzozkiewicz
January 9	Cathy Buckley
January 16	Pete Buckley
January 23	Carol Burwash
January 30	Bill Bauer
February 6	Janet Butler
February 13	Jan Chappell
February 20	NO MEETING – Presidents’ Day
February 27	Deon Chester

If your program date does **not** work for you, please notify Janet Butler as soon as possible so a date swap can be arranged.

Don't Forget to Give Janet Butler Your Volunteer Hours at the end of the month!

[Click here to enter hours online](#)

Labor Day

A man was very upset that his boss made him go into the office and work on the Labor Day holiday. About halfway through the day, the boss came in to check up on the man.

Lo and behold, the man was there, however the boss caught the man having a beer.

The boss said, “You can’t drink while you’re working.”

The man said, “Don’t worry - I assure you I’m not working.”

Next week...man looking for new job.



0Meeting Minutes – August 1, 2016

- **Attendance**

54 – Members

5 – Guests: Katie Birchenough, granddaughter of Andy & Joyce Brzozkiewicz, Claire Leonard, granddaughter of Tim & Sherrie Hoel, Jerry Girardi, guest of Jack & Sharon Corum, Lt. Gov. Charles Smith, and our speaker, Dr. Bill Hemmer

- **Free Lunch Winner** – Jan Chappell

- **Birthdays** – 8/2 Steve Quinn, 8/3 Vicki Bishop, 8/4 Jeannine Fortney, 8/4 Candy Hudson, 8/6 Linda Damler, 8/7 Sue Wisovaty,

- **Brags** – Wilma Allen, Maureen Bergeson, Pete Buckley, Janet Butler, Jan Chappell, Deon Chester, Linda Damler, Mike Damler, Jeannine Fortney, Jerry Girardi, Debbie Graber, Tim Hoel, Judy Landeck, Jerry Leonard, Dave Morgan, and Wayne Ward

- **News, Announcements, Activities and/or Volunteer Opportunities**

Garage Sale Results – With the sales, 50/50 and candy basket raffle, the club raised \$3,158.21 during the garage sale. There are 3 signed lithographs and 2 sets of Elvis records that chairperson April Kauffman will sell online for additional sales. Nancy Broch won the 50/50 drawing of \$48.00, and Shirley Taylor won the Flesor's Candy Basket.

Cunningham Children's Home – A donation envelope went around for those members who wanted to donate to the home.

Skip A Meal – Generous Kiwanians donated \$411.00 for the Kiwanis International Children's Fund. Treasurer Candy Hudson will send a check to Kiwanis International.

Reminders – The club's Kiwanis Family Picnic hosted by Joann & Wayne Ward is Sunday, August 21. Be sure and RSVP to Wayne to let him know if you are coming or not. Our Membership Recruitment Dinner is Thursday, August 25. RSVP with our lunch ladies.

Program:



Tom Sturgis introduced our speaker, Dr. Bill Hemmer. Bill has been a chiropractor for 28 years, residing and working in Tuscola for 20 of those years.

Bill is introducing a new health care model, rolling out on 10-1-16. To stay well and healthy, people need good nutrition, exercise, and methods to handle stress well. If you can do so, you will look better, feel better, and live longer.

Problems and obstacles to following a good regime are physical, chemical and mental. Bill's new health care model addresses these issues.

If you would like more information, contact the Tuscola Pain & Wellness Center, 902 S. Court Street, Tuscola or call 253-2370.

Meeting Minutes – August 8, 2016

- Attendance

55 – Members

3 – Guests: Sue Holmes, guest of Debbie Graber, Devin Black, and our speaker, J.C. Fultz

- Free Lunch Winner – Dan Russell
- Birthdays – 8/12 Jerry Leonard
- Brag – David Butler, Mike Damler, Jeannine Fortney, Debbie Graber, Jerry Leonard, Jaci Manzella, Dennis Opperman, Maribeth Opperman, Nancy Runge, and Doris Young
- News, Announcements, Activities and/or Volunteer Opportunities

Cunningham Children's Home – A donation envelope continued around for those members who wanted to donate to the home.

I-I District Convention Update – Effective 10-1-16, Rick Poulton from Elgin is the I-I District Governor, David Butler is the I-I District Treasurer, and Pat Damler is the I-I Division 27 Lt. Governor. The awards for 2014/2015 Distinguished Clubs were presented, Tuscola being one, and David Butler was honored as a 2014/2015 Distinguished Lt. Governor. Janet Butler received an I-I District Amador award, nominated by our club. The Butlers were honored at the Eliminate Breakfast with membership to the Kiwanis International Founders Circle, due to their personal donations to the Eliminate Project. Next year will be the 100th I-I District Convention in Bloomington August 10-13. Mark your calendars! Let's have a strong contingent attending this special convention!

Farm Bureau Stewardship Day – A sign-up sheet went around for volunteering at the Stewardship Day being held Thursday, September 8 at Walnut Point.

Governor's Visit Dinner – Pat Damler reported that Divisions 25, 26 and 27 will be hosting a dinner for Gov. Rick Poulton on Tuesday, October 4th at the Tuscola Red Barn. More details to follow.

Reminders – The club's Kiwanis Family Picnic hosted by Joann & Wayne Ward is Sunday, August 21. Be sure and RSVP to Wayne to let him know if you are coming or not. Our Membership Recruitment Dinner is Thursday, August 25. RSVP with our lunch ladies.

Program:



Wayne Ward introduced our speaker, J.C. Fultz from WAND TV Decatur. He is the chief meteorologist and has been with WAND for 14 years. He has a staff of three.

J.C. was born in Bethany, Illinois. He began his college education at Lakeland College where he was host to one of its AM radio shows. He then went to Southern Illinois University and started working part-time at WAND mornings. After a year and a half of commuting, he transferred to Eastern Illinois University, where he graduated, and continued to work at WAND. After graduation, he was offered a full-time position.

J.C. said the biggest change since he's work at WAND has been technology. He shared many of his experiences and stories.

Meeting Minutes – August 15, 2016

- Attendance

55 – Members

2 – Guests: Katie Birchenough, granddaughter of Andy & Joyce Brzozkiewicz, and our speaker, Carly McCrory.

- Free Lunch Winner – Barb Wills
- Birthdays – 8/19 Ginger Campbell, 8/19 Jim Hausmann, 8/20 Vera Nauta
- Brags – Tammy Baer, Joyce Brzozkiewicz, Pete Buckley, and David Butler,
- News, Announcements, Activities and/or Volunteer Opportunities

Cunningham Children’s Home Donations – Our generous Kiwanians donated \$327.00 from passing an envelope.

2014/2015 Distinguished Club – Past Lt. Gov. David Butler presented Immediate Past President with her Distinguished President pin and the club’s certificate.



TCHS Scholarships –Mike Damler reported that all four scholarships have now been paid to the schools/students. Mike read a thank you note from Brianne Voyles.

Reminders – The club’s Kiwanis Family Picnic hosted by Joann & Wayne Ward is Sunday, August 21. Be sure and RSVP to Wayne to let him know if you are coming or not. Our Membership Recruitment Dinner is Thursday, August 25. RSVP with our lunch ladies. The Governor’s Dinner is Tuesday, October 4th at 6:00PM at the Red Barn. The cost is \$16.00. The lunch ladies will start taking reservations and payments at our meeting Monday, September 12th.

Program:



Kate Watson introduced our speaker, Carly McCrory. Carly is the Assistant Director of the Champaign County Economic Development Organization.

She was born in Beaumont Texas, and moved to Tuscola at age seven. Carly graduated from TCHS in 2006 receiving a Tuscola Kiwanis scholarship. She received her undergraduate degree and MBA from Eastern Illinois University.

Her previous work history includes 7½ years at Flesor’s Candy Kitchen where she learned about running a small business, and for four years she worked for Brian Moody with the Tuscola Economic Development Inc.

Carly has always been active in volunteering, particularly as chair of the Douglas County Relay for Life and Coaches for Cancer. She is a cancer survivor. She is also a founding member of the Douglas County Rotaract which gives her even more opportunities to give back to our community. Her motto is: “Be Awesome and Get Stuff Done.”

Meeting Minutes – August 22, 2016

- **Attendance**

55 – Members

3 – Guests: Thea Looper, granddaughter of Char Bontrager, former Tuscola Kiwanian Gary Weber and our speaker Kristen Faust

- **Free Lunch Winner** – Tim Hoel
- **Birthdays** – None
- **Braggs** – Joyce Brzozkiewicz, David Butler, Mike Damler, Jeannine Fortney, April Kauffman, Jerry Leonard, Dave Morgan, and Maribeth Opperman,
- **News, Announcements, Activities and/or Volunteer Opportunities**

Cunningham Children’s Home Thank You –

The club received a thank you letter from Ginger McKee, thanking the club for the opportunity to speak to us, and for the \$327.00 in donations.

Kiwanis Family Picnic – Thirty-six Kiwanians and eleven guests enjoyed a beautiful day of great food, fun and fellowship on Sunday, 8/21. Thanks again to Joann & Wayne Ward for hosting!

Member Recognition Award Nominations – Members were reminded to turn in nominations by July 30th to Wayne Ward.

Reminder – The Governor’s Dinner is Tuesday, October 4th at 6:00PM at the Red Barn. Cost is \$16.00 per person. The lunch ladies will start taking reservations and payments, if you wish to pay in advance, at our September 12th meeting.

Program:



Darlene Wiesener introduced our speaker, Kristen Faust. Kristen has been a dietician, working with all age groups, and contracting with the University of Illinois Extension and other organizations.

One of the biggest changes in eating, is portion sizes. The portion sizes are generally much larger than the appropriate serving size. She calls it “Portion Distortion” ...the difference in the portion served vs. the serving size we should have. With larger portions, our society has and continues to put on weight. One in five children are overweight. Just an extra 100 calories a day, an average size person will gain 10 pounds in a year.

Some of Kristen’s tips include:

- Portion out appropriate serving sizes.
- Use smaller plates/bowls/glasses.
- Share restaurant portions.
- Get a to-go box and put half your meal in it.
- Be educated about what you buy and eat, read nutrition labels.

Recommended daily food allocations:

Grains – Eat 6 “ounce-equivalents” with 50% being whole grain.

Fruits – Eat 2 cups

Vegetables – Eat 2.5 cups

Dairy – Consume 3 cups of fat-free or low-fat milk or equivalent dairy products.

Protein – Eat 5.5 ounces of lean meat, fish or poultry.

Meeting Minutes – August 29, 2016

• Attendance

58 – Members

2 – Guests: Mary Ann Johns, guest of Barb Wills, and our speaker Mike Wilson

• Free Lunch Winner – Mary Ann Johns

• Birthdays – 8/29 Carol Hausmann, 9/2 Bob Gray, 9/2 Nancy Runge, 9/3 Elaine Bryant, 9/7 Paul Wisovaty, 9/8 David Butler, and 9/8 Carey Wood

• Brags – Pete Buckley, Carol Burwash, Elaine Bryant, Jeannine Fortney, Carol Hausmann, Barb Moss, Patty Russell,

• News, Announcements, Activities and/or Volunteer Opportunities

Membership Recruitment Dinner – Forty-three Kiwanians, their guests, and seven potential members attended the 8/25 recruitment dinner. Three potential members have already turned in their applications and new member fee. The club is assured that we will be a 2015/2016 Distinguished Club. Great job!

Reminder – The Governor’s Dinner is Tuesday, October 4th at 6:00PM at the Red Barn. Cost is \$16.00 per person. The lunch ladies will start taking reservations and payments, if you wish to pay in advance, at our September 12th meeting. The Saturday, October 8 pancake breakfast is coming up. Sign-up sheets will start going around at our September 12th meeting.

Program:



Barb Wills introduced our speaker, Mike Wilson, Manager of Communications & Community Relations for Eastern Illini Electric Cooperative. This co-op is a member-owned, not-for-profit, corporation that provides electricity to rural residents in ten counties of east central Illinois. Their main office is in Paxton, with warehouse facilities in both Gilman and Pesotum. It is governed by an elected group of nine directors, all of whom are member/owners of Eastern Illini. The co-op has 13,695 miles of lines in service, 4,520 accounts, and 57 employees.

One of Mike’s focuses is the free youth programs that are offered to schools so students can learn more about electricity:

1. Safety program – an interactive presentation about how electricity is produced, how it gets to our homes, and how dangerous it can be.
2. KitBooks – a combination of a science book and science kit with many hands-on activities.

Eastern Illini also has a scholarship program, “Youth to Washington Scholarship.” The program awards two \$1,000.00 scholarships with expenses-paid trips to Washington, D.C. It is open to children of Eastern Illini Electric Cooperative customer families.

For more information or questions, Mike can be contacted at 800-824-5102 ext. 203.

I-I District Convention – August 5-7, 2016



Janet and your convention delegates...Doris, Pat and Wayne



Donna Cleland, Doris Young, Lt. Gov. Charles Smith



Joann & Wayne Ward



Our Incoming Lt. Gov. Pat Damler



The gang's all here!

More Photos on Club Website

Kiwanis Family Picnic – August 21, 2016



More Photos on Club Website

Membership Recruitment Dinner – August 25, 2016



More Photos on Club Website

**TUSCOLA KIWANIS CLUB &
KIWANIS CLUB OF TUSCOLA ILLINOIS FOUNDATION
2016 AUGUST BOARD MEETING MINUTES**

The meeting was called to order at The Smith House on Wednesday August 10, 2016 at 12:05 PM by President Jerry Leonard with the following officers, club directors and guests present:

X	Tammy Baer – Past Pres	X	David Butler – Pres Elect		Guests:
X	Carol Beals (2017)	X	Jan Chappell – Vice Pres	X	Char Bontrager
X	Maureen Bergeson (2018)		Jim Hausmann (2017)	X	Carol Burwash
X	Margo Blaudow (2016)	X	Candy Hudson – Treas	X	Pat Damler
X	Pete Buckley (2016)	X	Jerry Leonard – Pres	X	Tim Hoel
X	Janet Butler – Secy	X	Jerry Reynolds (2018)		

The following items of business were conducted:

1. Minutes of July Board Meeting – Jan Chappell made a motion that the minutes be approved as presented. Maureen Bergeson seconded the motion and it was approved. Copy of Board meeting minutes are on club website under “Members Area.”
2. July Secretary’s Monthly Reports – Janet Butler had emailed Board members copies of the monthly Tuscola Volunteer Hours report and the Kiwanis International monthly report for their review. There were 862 service hours and 501 fundraising hours for a total of 1,363 service hours reported. Carol Beals made a motion to approve the reports. Pete Buckley seconded the motion, and it was approved. Copies of the monthly reports are on club website under “Members Area.”
3. August Treasurer’s Monthly Reports – Candy Hudson had emailed Board members a copy of the club and foundation monthly treasurer’s reports. As of 8/10/16, the current balance for the club is \$13,565.52 and the foundation is \$10,669.77. Janet Butler requested that the Garage Sale receipts be separated into two lines, separating out the return of the garage sale start up cash. David Butler made a motion to approve the report as amended by Janet’s request. Tammy Baer seconded the motion and it was approved. Copy of treasurer’s reports are on club website under “Members Area.”

4. Disbursements/Reimbursements –

Janet Butler made a request to disburse the following budgeted items:

<i>Club Administrative Account</i>	<i>Club Foundation Account</i>
\$100.00 for Lt. Gov. Charles Smith – to assist with LTG expense	\$1,000.00 – Spastic Paralysis Research Foundation (I-I District Foundation)
	\$606.00 – Kiwanis International Foundation (annual club gift)
	\$200.00 – Help A Child Program – Tuscola School District
\$25.00 – Tuscola’s contribution to the I-I District Convention Division 27 Auction Basket as requested by LTG Charles Smith to benefit the Eliminate Project and Spastic Paralysis Research Foundation	\$1,250.00 – Kiwanis International Foundation to purchase an Eliminate Project Zeller for the 2015/2016 Tuscola Kiwanian of the Year to be presented October 10 th

David Butler made a motion to approve the disbursements. Jan Chappell seconded the motion and it was approved.

5. New Donation Requests – None. Candy reported that \$282.00 in cash and \$45 in checks for a total of \$327.00 was donated to Cunningham Children’s Home.
6. Owed Dues – Candy advised the Board of the very few members that still owe dues. Selected Board members volunteered to follow up with the unpaid members.
7. New Club Pens – As previously reported, David Butler ordered additional pens for the club to give outside program speakers. David passed around samples for the Board members to see.
8. Builders Club – Tammy Baer and Margo Blaudow reported that now that the teachers have a contract, they will proceed with their efforts to form a Builders Club at East Prairie. Tammy said she would approach the two teachers who had indicated an interest in being a Builders Club Faculty Advisor. After discussion, Carol Beals made a motion that the club would pay the club dues of up to two Builders Club Faculty Advisors, if two East Prairie teachers agree to take the responsibility as co-faculty advisors. Pete Buckley seconded the motion and it was approved. Tammy and Margo will be the Builders Club Tuscola Kiwanis Club Advisors.

9. Eliminate Project Challenge – Pat Damler advised the Board that she would like to do an Eliminate Project Challenge. Her commitment is to match all Eliminate Project donations for a specific month up to \$1,250.00. After discussion, the Board and Pat agreed that October 2016 would be a good month for the challenge. Janet Butler will email members and Jerry Leonard will advise members at our next meeting of the upcoming challenge.

10. I-I Governor's Dinner – Incoming Lt. Gov. Pat Damler reported that Divisions 25, 26, and 27 will host a dinner for incoming Governor Rick Poulton on Tuesday, October 4. It is likely that the dinner will be at the Amishland Buffet at the Tuscola Red Barn. More details will follow.

11. Kiwanis Strategic I-Plan – Incoming Lt. Gov. Pat Damler reported that at district convention that an I-I District Strategic I-Plan has been developed, in harmony with the Kiwanis International Strategic I-Plan. The 2016/2017 Lt. Governors will be expected to assist their division and its club in developing a division plan and individual club plans. More details to follow.

12. One Stop Community Christmas – Janet Butler asked that this item be tabled for next meeting.

13. Membership Recruitment Dinner – Carol Burwash reported that 31 members had already made reservations with one guest confirmed, and others are working on confirming their guests before making their reservations. Everything is on track for the August 25th dinner. Based on current records, the club will need to bring in 3-5 new members before September 30th to meet the 2015/2016 Distinguished Club criteria.

14. Next Board Meeting – The next Board meeting will be Wednesday, September 14 at the Smith House at noon.

15. Adjournment – There being no further business, the meeting was adjourned at 12:55 PM.

Submitted by:
Janet Butler – Secretary



Autumn is upon us...thank the Lord for good harvest!

Please provide any pictures, updates and corrections for newsletter or website to:
dbutler@tuscolakiwanis.org or jbutler@tuscolakiwanis.org