



TUSCOLA KIWANIS CLUB NEWSLETTER

MARCH 2010

2010 Events

Wednesday, March 3 rd	Board Meeting - Noon at Tuscano's
Wednesday, April 7 th	Board Meeting - Noon at Tuscano's
Thursday, April 8 th	Fish Thaw Party, 3:30PM Forty Martyrs Hall
Friday, April 9 th	Fish Fry Supper, Forty Martyrs Hall
Saturday, April 10 th (tentative)	Kiwanis One Day Project – Spring Clean-up for BETHS Place
Wednesday, May 5 th	Board Meeting - Noon at Tuscano's
Saturday, May 8 th	Food Drive for SAM Pantry
Wed & Thu, June 9 th & 10 th	Garage Sale Set-up & Organizing, Forty Martyrs Hall
Fri & Sat, June 11 th & 12 th	Garage Sale, Forty Martyrs Hall
June 24 th – 27 th	Kiwanis International Convention, Las Vegas, NV
August 5 th – 8 th	I-I District Convention Bloomington-Normal Marriott, Normal, IL

Upcoming Meetings & Program Assignments

March 1	David Butler
March 8	Lyn Selen
March 15	Ed Wachala
March 22	Wayne Ward
March 29	Alan Shoemaker
April 5	Jim Wood
April 12	Elaine Bryant
April 19	Dan Russell
April 26	Patty Russell

May 3	Andy Brzozkiewicz
May 10	Joyce Brzozkiewicz
May 17	Carol Burwash
May 24	Diana Phillips-Gray
May 31	No Meeting – Memorial Day
June 7	Janet Butler
June 14	Cathy Chaplin
June 21	Marge Conn
June 28	Janet Cox
July 5	Mike Damler
July 12	Pat Damler
July 19	John Davis
July 26	Dave Dobson
August 2	Jeannine Fortney
August 9	Debbie Graber
August 16	Katona Hall
August 23	Clarice Hausman
August 30	Darrell Helm

For summer activities and vacation planning , the program schedule has been extended through August. If your program date does not work for you, please notify Janet Butler as soon as possible so we can arrange a date swap.

Watch What You Offer!

After work a woman was sitting with her girlfriends at a bar enjoying a cocktail. An exceptionally handsome man entered. He was so striking that the woman couldn't help staring. The man noticed the woman's overly attentive stare and walked up to her.

Before she could apologize for her staring, he leaned over and whispered to her, "I'll do anything that you want me to do, no matter how kinky, for \$20.00...on one condition." Flabbergasted but intrigued, the woman asked what the condition was.

The man replied, "You have to tell me what you want me to do in just three words."

The woman slowly removed a \$20 bill from her purse which she pressed into the man's hand along with her address. She looked deeply into his eyes, barely concealing her excitement, and slowly said....

“Clean my house.”

**Don't Forget to Give Wayne your February Volunteer Hours
by the end of the month!**

[Click here to enter hours online](#)

Kiwanis Fact

Kiwanis was originally viewed by founder Allen Simpson Browne as a method of contacting other business and professional people in the hope of expanding business. The first president, Don Johnston, believed if the club was to be successful, it had to offer philanthropic service to the city of Detroit. Kiwanis grew to a much larger calling.

Meeting Notes – February 1, 2010

• **Attendance**

28 - Members

4 – Guests: Rene Corcoran, Lt. Gov. and from Camp New Hope: Bill Strode and Brad Beesly (on the camp's Board of Directors) and Gene Creek, Camp New Hope Outreach Manager, our program speaker.

• **News, Announcements, Activities and/or Volunteer Opportunities**

Pancake Breakfast - Gary Weber passed around a sign-up sheet for the Pancake Breakfast on 2/20/10.

Traveling Gavel - Dennis Opperman brought a seed bag as a possible delivery method for the traveling gavel to go back to Decatur Golden K. Ed Wachala volunteered to take the seed bag and gavel to prepare for them going back to Lt. Gov. Rene Corcoran.

Interclub Meeting - Clarice Hausman reported on the interclub meeting with Champaign on Thursday, January 28th. The guest speaker was Alex Ruggieri from WCIA Channel 3.

B.U.G. Program - Mike Damler passed out 9 sets of post cards to members to send to the most recent East Prairie B.U.G. winners.

Program:



Gene Creek, Outreach Manager of Camp New Hope, spoke about the programs that the camp provides people, ages 9-90, with

developmental disabilities. The camp is 11 miles southwest of Mattoon.

Programs that the camp provides include one-week summer camps, summer day camps, respite camps, mini-respite camps, bowling programs and more. Gene goes out to organizations to raise funds to continue these programs. This has become more critical as Illinois state funding continues to decline.

Meeting Notes – February 8, 2010

• Attendance

- 32 Members

- 2 Guests: Blake Niemann, son of Steve Niemann and Chuck Holmes, our program speaker

• News, Announcements, Activities and/or Volunteer Opportunities

Traveling Gavel – There will be an interclub to Decatur Golden K on March 10th to deliver the traveling gavel.

Children's Miracle Network – Mike Damler has requested a check from the ink cartridge recycle vendor for \$100.00. When received, a \$100.00 check will be sent to Kiwanis International to benefit the Children's Miracle Network.

Camp New Hope – Mike Damler reported that he will be delivering several unimportant trophies from TCHS to Camp New Hope. Kevin Nolan announced that an envelope would be sent around next week for members who would like to make a personal donation to the camp.

Kiwanis Garage Sale – Janet Butler reported that Forty Martyrs Hall has been reserved for the garage sale. June 9th & 10th are for bringing in items and organizing.. June 11th & 12th will be the actual garage sale. Members are asked to start cleaning out closets, drawers, garages, etc. for items that can be donated for the sale. More information will follow in March.

Program:



Dianna Pangburn introduced her guest, Chuck Holmes, our speaker. Chuck spoke about probiotics and Chrisal products.

So what is Probiotics? One definition is “live bacteria that when administered in adequate amounts confer a health benefit.”

There are bad and good bacteria. About 10% of bacteria are harmful and 90% are good and you need them to live.

Use of antibiotics has caused many bad bacteria to become antibiotic resistant. Research is indicating that probiotics may be of assistance in treating and preventing a number of conditions.

To prevent illness and infection proper hygiene, including frequent hand-washing, is important at home and at work. Antibacterial cleaning products have not been demonstrated to avert the spread of infection any better than products that do not contain antibacterial chemicals. In fact, studies conducted in a controlled environment seem to link these products to bacterial resistance.

The FDA feels so strongly about this subject that they reported in 2005 that there was a lack of evidence supporting the benefit of consumer products containing antibacterial additives over similar products not containing antibacterial additives. Chrisal products do not use antibacterial agents and encourages good bacteria through the use of probiotics.

If you would like more information on this technology or Chrisal products, go to: <http://www.chrisal-probiotics.com/> .

Meeting Notes – February 22, 2010

- Attendance

- 34 Members

- 2 Guests: Blake Niemann, son of Steve Niemann and Bill Fisher, our program speaker.

- News, Announcements, Activities and/or Volunteer Opportunities

Pancake Breakfast– A big thank you from Gary Weber and Jaci Manzella for the 36 Kiwanians that helped at the pancake breakfast. Also a thank you to Mark Davis, son of John Davis who helped make pancakes. We served 89 people plus the 36 Kiwanians for gross sales of \$980.00.

Fish Fry – Pat Damler reminded members that sign-up sheets would be forth coming for the Fish Fry on Friday, 4/9. Fish thawing will be Thursday afternoon, 4/8.

New Patch - Kevin presented the club with our 2009/2010 Kiwanis International Foundation patch and read the accompanying letter.

North Ward Appeal - Jeannine Fortney reported that North Ward needs a person to help a 1st grade boy from 2:10p – 2:40p on Mondays and Wednesdays. Let Jeannine know if you can help.

SAM Pantry Food Drive – Joyce Brzozkiewicz reported we are moving forward with the food drive on May 8th. She is working with Betsy Stuerke to determine the manpower needed. Every household in Tuscola will receive a post card letting them know about the food drive and when to put out their food donations. We expect that there will be Key Clubbers, K-Kids and students from the FCC Youth group that will pitch in and help us. We may reach out to other organizations as well.

Program:



Earl Pendergrass introduced his guest Bill Fisher, a research animal scientist at the U of I in Champaign. Bill spoke about “The Pork Industry.” He

talked about the changes to pork in the last thirty years or so and the changes to raise hogs.

The most popular six cuts of pork are 16% leaner than just 15 years ago. A pork tenderloin is leaner than a skinless chicken breast. Don’t overcook this leaner pork. Take the pork out at 150 degrees and the final temperature should not exceed 160 degrees. That way you will have moist, tender pork.

For the most part hogs are now raised in a clean environment in specialized buildings. By controlling traffic in and out, this keeps out disease and keeps the hogs healthy.

The pork industry consumes 10% of the corn and 10% of the soy bean crops.

Bill offered to donate the sausage for our 2011 Pancake Breakfast if we will contact him in advance. His email address is: bafisher@illinois.edu

Should Have Eaten Kiwanis Peanuts

As a pastor was visiting an elderly lady in the hospital, he noticed a bowl of peanuts by her bed. He began to nibble the peanuts as they visited and by the end of the visit realized he had consumed the entire bowl. Feeling badly he bought a bag and brought them to her the next day. As he gave them to her he explained they were to replace those he'd eaten the day before.

"Why you didn't need to do that Pastor", the lady explained. "The thing is, I don't have any teeth. When my nephew brings me chocolate-covered peanuts, I just suck the chocolate off and spit the peanuts in the bowl."

Pancake Breakfast 2-20-2010



Kevin....the "Pres"



First Shift



Does Disney know you're doing that?



Mmmmmm....sausage



Judy "hawks" our necklaces



Jeannine & Betty providing service great!

More pictures on club website.

February 2010 Board Meeting Highlights

The meeting was called to order on Wednesday, February 3rd at 12:05p by President, Kevin Nolan, with the following members present: Janet Butler, Janet Cox, Mike Damler, Sherrie Hoel, Candy Hudson, Steve Niemann, Kevin Nolan, Wayne Ward and Gary Weber.

The following items of business were discussed:

1. January Board Meeting Minutes –A motion was made and seconded to approve the minutes. Minutes approved.
2. January Monthly Report –Wayne had submitted a preview copy of the report to the Board members for review. A motion was made and seconded to approve the report. Report approved. Wayne will also be reporting our volunteer hours to the Tuscola Economic Development office each month.
3. Treasurer's Report – As of February 3rd, the checking account balance was \$9,218.83. Dues payment of \$5,773.00 will be paid shortly. A motion was made to approve the report. The motion was seconded and approved.
4. Requests for Disbursements – None
5. Kiwanis One Day Project – After soon discussion, it was agreed to continue a Spring Clean-Up for BETHS Place as our Kiwanis One Day project.
6. Children's Miracle Network – The club has not sent a donation this fiscal year. Mike will check on getting a check from the ink cartridge recycle vendor for \$100.00.
7. Garage Sale Fundraiser – Janet Butler reported that Elaine Bryant has agreed to co-chair the garage sale with Janet and at least 5 other members have agreed to be on the assisting committee. The event will be June 11-12 in conjunction with an area wide garage sale. Forty Martyrs Hall is available. Board gave approval to proceed.
8. SAM Pantry Food Drive – A request has been made for Kiwanis to assist on May 8th with a Postal Service food drive for SAM Pantry. The Board supported the idea however it will be discussed at the next meeting with the membership.
9. Traveling Gavel – Ed Wachala agreed to prepare the gavel for delivery to Decatur Golden K. Wayne said that he will be present at Golden K to do a presentation on March 10th. A possible interclub meeting will be discussed with Ed.

10. Camp New Hope – A request had been made that Kiwanis possibly sponsor a child to attend a camp at the facility. The Board had previously determined that individual requests would be handled by voluntary contribution from the members rather than being a budget item. It was suggested that some members may want to volunteer time at the facility. Mike Damler said he would follow up with TCHS to see if we could donate some old trophies to the camp.

(Full text available on club website)



It's Coming!

New items on the website include: weekly meeting photos, B.U.G. winners' article and pancake breakfast photos. Please provide any information, pictures, updates and corrections for the newsletter and/or website to: dbutler@tuscolakiwanis.org or jbutler@tuscolakiwanis.org .

If you need a screen and/or projector for your program, contact David or Janet Butler.