

TUSCOLA KIWANIS CLUB NEWSLETTER JULY 2007



2007 Upcoming Events

July 6, Friday	Tuscola Sesquicentennial Parade – 7PM; Members assisting/participating 5:30PM
July 4-8, Wed thru Sun	Kiwanis International Convention – Marriott RiverCenter, San Antonio Texas
July 11, Wednesday	Board Meeting – Noon at Tuscany's
August 10-12, Fri thru Sun	I-I District Convention - Giovanni's Convention Center, Rockford, Illinois

2008 Upcoming Events (Plan Ahead)

February 22-24	Mid-Winter Convention – Lisle IL
April 4	Fish Fry Dinner – Forty Martyrs Hall
April 5	Kiwanis One Day Project Day
June 25-28	Kiwanis International Convention – Orlando, FL
August 7-10	I-I District Convention – Peoria IL

Upcoming Meetings & Program Assignments

July 2	Carl Quinn
July 9	Beth Riefsteck
July 16	Dan Russell
July 23	Patty Russell
July 30	Ed Wachala
August 6	Wayne Ward
August 13	Carole Weber
August 20	Gary Weber
August 27	Paul Wisovaty

September 3	No Meeting – Labor Day
September 10	Jim Wood
September 17	Roy Young
September 24	New Officer Induction

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Don't Forget to Give Wayne Your June Volunteer Hours!

Don't Forget to Pay Your \$50 Mid-Year Dues to Candy by July 30th Meeting

Meeting of June 4, 2007

There was a total attendance of 27 members and 3 guests, Linda Damler, Toni Jones and our speaker, Dr. Kenneth Jones.

Jeannine Fortney advised members that volunteers from the club would be needed at the new First Christian Church to unload and distribute Share Food at 8:30AM on Saturday June 23rd.

Mike Damler asked for volunteers to send B.U.G. post cards of congratulations. All packets were distributed. There were 55 students to recognize which included 18 repeat winners. This concludes the 2006/2007 school year.

Janet Boyer advised that there would be a Trauma Doll Workshop on Thursday, June 21st at 11:45AM. The location is the Butlers' home at 114 W. Van Allen. The Butlers will provide sandwiches; a sign-up sheet was provided.

Ed Wachala advised there will be an inter-club meeting with the Decatur Noon club on Tuesday, June 12th. At this time, Ed needs one more person to go.

Darrell advised that the club would make the following commitments for the sesquicentennial celebration: organize the parade entries on the day of the parade, enter a float in the parade and provide volunteers, as requested, for events.

Darrell reviewed items discussed at the June Board Meeting. See page 14 for highlights of the meeting or to the website for the complete report.



Dr. Kenneth Brown was our speaker. He is a full-time physician in Tuscola with Provena. His office is in the Jarman Center on Main Street. His father is William Brown DDS from Arthur, Illinois. Ken is a University of Illinois graduate and wanted a small town practice. He started his practice in St. Joseph before signing on with Provena.

He enjoys interacting with patients and appreciates the great staff that he has in Tuscola. Ken expects further growth of Provena's office in Tuscola of personnel and equipment.

DISCUSSION TECHNIQUE

A woman has the last word in any argument. Anything a man says after that is the beginning of a new argument.

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Meeting of June 11, 2007

There was a total attendance of 26 members and 7 guests: Linda Kocher & Tom Battershell from Bloom Above & Beyond, Tuscola; Tom Dunn, Jim Mathis and Kenny Miller from the Paris EarlyRisers club; Marylee McGee, our speaker from March; and Carol Fritzh, our speaker today.

Ed reminded David Butler, Janet Butler and Carl Quinn that they would be going with him to the Decatur Noon club for an inter-club meeting Tuesday, June 12th.

Janet Boyer sent around a sign-up sheet for the Trauma Doll Workshop scheduled Thursday, 6/21 at 12:45AM at the Butlers, 114 W Van Allen.

Darrell read a thank you letter from the Tuscola Woman's Club for the club's donation towards the Decatur Park Singers who will be entertaining during the Sesquicentennial on Saturday, July 7th at 6:00PM in Ervin Park.

Candy sent around a sign-up sheet for members to volunteer to sell tickets at the main booth during the Sesquicentennial celebration.

Members were reminded that semi-annual dues of \$50.00 are due to Candy or Wayne by the July 30th meeting.

Darrell reported that Pat Damler will be chairing the annual Fish Fry, Dave Dobson will be chairing the annual Membership Drive and Mark Jacobs will be chairing the annual Peanut Sales.

David Butler reported that he had re-done the "members" area of the club's website. There is a "beta" version for members to check out. Please email David at dbutler@tuscolakiwanis.org if you have any input, comments or problems.

Jeannine Fortney reminded members that volunteers from the club would be needed at the new First Christian Church to unload and distribute Share Food at 8:30AM on Saturday June 23rd.

Mike Damler reported that he and David Butler worked on the sound system and found that the purchased microphone was not correct. By temporarily borrowing a 3-prong microphone, Mike and David got the system working. David volunteered to check availability and pricing to purchase the correct microphone.



Our speaker today was Carol Fritzh from Greenup. She is a host for a Belarus child as part of "The Children of Chernobyl" organization. She has been opening her home to a 13 year old Chernobyl child, "Max" since he was 8 years old. Carol works closely with Marylee McGee, one of our speakers in March.

Earlier this year Carol had the opportunity to visit Max and his family in Belarus. Her total flight time was over 17 hours. There is some English spoken in Belarus but not a lot. This was a very eye opening and moving experience for Carol. Max will be coming to visit Carol again in June of this year.

When the nuclear accident happened at Chernobyl, Ukraine, very near the boarder of Belarus, over 200,000 people were evacuated and re-settled. The area will continue to be a radiation "hot box" for another 200 years or more. The soil and food are still contaminated around Chernobyl. These people have many health problems and risks. For example, they have a 15 times chance of developing thyroid cancer in their lifetime.

"The Children of Chernobyl" organization through hosts like Carol provides at-risk children with safe food and good care for several weeks each summer. It is amazing that in six to eight weeks time in the summer, with good food, and outdoor play in clean air, the children of Belarus can reverse the health effects of the Chernobyl disaster. This has been a wonderful and rewarding experience for Carol.

If you would be interested in more information or possibly being host parent(s) for a Belarus child, please contact Marylee McGee at 217-837-2685 in Newman, Illinois

Opera diva Beverly Sills said: "One of the qualities that separates us two-legged animals from the four-legged ones is compassion. It is what makes us stand up tall instead of crawling about on all fours. And standing up tall is what frees our arms to reach out to a fellow being and say, 'Let me help you'." We Kiwanians have been standing tall for more than 90 years. Let's keep our arms wide open to everyone who could use our help.

From Inspirational Moments for Kiwanis Occasions

TRAUMA DOLL WORKSHOP 6-21-07



Meeting of June 18, 2007

There was a total attendance of 31 members and 3 guests: from Golden K, Larry Bechtel, Lt. Governor Elect for Division 27; Connie Fisher and our guest speaker, Bill Fisher.

Janet Butler reported on the inter-club meeting with Decatur Noon club on Tuesday, June 12th. David Butler, Carl Quinn, Ed Wachala and Janet attended the meeting. The speaker was Dr. Bill Grieve, a retired military man and currently teaching history. He discussed his opinions on war, Iraq and politics in general.

Judy Landeck brought some sesquicentennial items for sale. Items included a tote, hats, t-shirts and mugs. Items will also be sold during the celebration days.

Art & Barb Moss have volunteered to organize the Kiwanis float for the Sesquicentennial parade on Friday, July 6th. They will provide a truck and flat bed trailer. We are also expecting 10-15 K-Kids to participate with us.

Jan Houser has volunteered to chair the annual Pancake Breakfast.

Darrell reminded Board members that the July board meeting will be Wednesday, July 11th.

Darrell reminded members that the semi-annual membership dues of \$50.00 are due by the July 30th meeting. Payments can be given to Candy or Ward.



Our speaker today was Bill Fisher representing the Pork Industry. The title of his presentation was "The Pork Industry – More Than Just the Other White Meat."

Through science and technology the pork of today is very lean. A pork tenderloin of today is as lean as a skinless chicken breast. There is 27% less saturated fat.

Today pigs are generally taken care of inside. The facilities are clean with fresh air, misters in the summer and warm in the winter. The pigs are provided good nutrition and care. Any traffic into their areas is controlled to avoid creating health problems or contamination of their areas. Food safety is taken very seriously by the National Pork Board. Pork producers must be certified and follow PQA (Pork Quality Assurance) regulations. Consumers can feel confident they are getting a high quality product.

Currently the pork industry uses about 10% of the corn and bean crops. Illinois is the 4th largest state in the pork industry. About 15% of U.S. pork is exported with Japan being #1 and Mexico #2.

For more information, go to: www.pork.org.

Douglas County Relay For Life Walk



Carol Burwash & Janet Butler Thank you Kiwanians for your Support!!!

EXERCISE FOR OLDER ADULTS

I just came across this exercise suggested for older adults to build muscle strength in the arms and shoulders. It seems so easy. I thought I'd pass it on to some of my friends. The article suggested doing it three days a week.

Begin by standing on a comfortable surface, where you have plenty of room at each side. With a 5-lb potato sack in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax.

Each day, you'll find that you can hold this position for just a bit longer. After a couple of weeks, move up to 10-lb potato sacks.

Then try 50-lb potato sacks and then eventually try to get to where you can lift a 100-lb potato sack in each hand and hold your arms straight for more than a full minute. (I'm at this level.)

After you feel confident at that level, put a potato in each of the sacks.

Author: Unknown

B.U.G. School Year 2006/2007 Results

In the 2006-2007 school year the following numbers of students were recognized:

	1 st Time Students	2 nd Time (repeat) Students
8 th Grade	24	6
7 th Grade	27	8
6 th Grade	21	3
5 th Grade	26	10
Total	98	27

For a list of specific winners by grade, go to the club's website, click on "Sponsored Programs", scroll down to B.U.G. program and select the detail report of your choice.

Just as your car runs more smoothly and requires less energy to go faster and farther when the wheels are in perfect alignment, you perform better when your thoughts, feelings, emotions, goals, and values are in balance.

Author: Brian Tracy

Meeting of June 25, 2007

There was a total attendance of 31 members and 3 guests: Toni Jones, soon to be a member; Lauren Moss, granddaughter of Art & Barb; and Tom Battershell from Bloom Above & Beyond.

Janet Butler reported on the Trauma Doll Workshop of June 21st. The group enjoyed sandwiches with chips, fruits, salads, luscious desserts, soft drinks, etc. Forty-nine dolls were stuffed and ready to be closed by hand sewing. There were about 20 dolls that were cut out and pinned, ready for sewing. Dolls that still needed the hand sewing were taken by Pat Damler, Janet Boyer and Janet Butler. All are completed and delivered to Janet Boyer. Janet Boyer has already delivered six dolls to Arrow Ambulance, six to Beth's Place and fourteen to the Crisis Nursery in Urbana. The remaining dolls will also be delivered to the crisis nursery. Janet Boyer is planning another workshop probably in September. Details will follow at a later date. A special thanks to Patty Russell for sewing 40 of the dolls in preparation for the workshop. Thanks, Patty!!!!

Darrell read a thank you card from Tom Battershell and Linda Kocher for our hospitality. In addition Tom brought a beautiful bouquet of flowers from Bloom Above & Beyond to be auctioned as a club fund raiser. After some active bidding, the bouquet went to Mike Damler for \$30.00.

Eight Kiwanians assisted with the Share Food program at the Tuscola First Christian Church on Saturday, June 23rd.



Ed Wachala, Pat Damler, Joe Fortney, Wayne Ward, Jeannine Fortney, Janet Butler, Carl Quinn (and David Butler behind the camera)

The club received a letter from Kiwanis International with a banner patch and pin for completing our Kiwanis One Day project.

Darrell presented Wayne Ward a certificate from Kiwanis International recognizing Wayne as a Sustaining Donor to the Kiwanis Children's Fund.



Way to go, Wayne!!!!!!

Darrell announced that new officer installation for the 2007/2008 Kiwanis year will be Monday, September 24th. The new Lt. Governor, Larry Bechtel will do the honors. There will be no speaker program at that meeting.

Mike read a thank you note from Erin Riley, one of our 2007 scholarship winners.

Mike advised that Division 27 will need a basket for the I-I Convention in Rockford, Illinois in August. He will provide more information at a later date.

There was a discussion regarding the Sesquicentennial Parade. Art and Barb Moss are providing the truck and flat-bed trailer and coordinating the decorating. Beth Riefsteck advised that she would follow up with the K-Kids, and expected about 10-15 to join us. Patty Russell volunteered to help dress K-Kids in Kiwanis International country costumes with items such as wooden shoes, sombrero, etc. There was some discussion that any candy must be handed out....not thrown. Various members indicated they would be willing to walk and hand out candy. Carol Burwash said she would bring some of the "Peanut Days" aprons for those who want to walk and carry candy. For those members who can help out, please be at Ervin Park about 5:30PM on Friday, July 6th. For those who want to bring candy, be sure it is non-melting. The parade begins at 7:00PM. At the end of the newsletter is a copy of the Sesquicentennial Celebration brochure with dates, times and events.

Mike reported that he has had parents of B.U.G. winners express their appreciation for the program and advised him how much it meant to their child. The program with the certificates, pins, postcards and recognition does work! As it happened, Lauren Moss, one of our guests, is a two-time B.U.G. winner!!



Our speaker today was Cliff Ponder. Recently, Cliff attended a class hosted by the Champaign Police Department. During this class, the attendees were made aware of the National Center For Missing and Exploited Children and its services. Their mission and services are:

The National Center for Missing & Exploited Children's[®] (NCMEC) mission is to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of child abduction and sexual exploitation, their families, and the professionals who serve them.

NCMEC was established in 1984 as a private, nonprofit organization to provide services nationwide for families and professionals in the prevention of abducted, endangered, and sexually exploited children.

- Serves as a clearinghouse of information about missing and exploited children
- Operates a CyberTipline that the public may use to report Internet-related child sexual exploitation
- Provides technical assistance to individuals and law-enforcement agencies in the prevention, investigation, prosecution, and treatment of cases involving missing and exploited children
- Assists the U.S. Department of State in certain cases of international child abduction in accordance with the Hague Convention on the Civil Aspects of International Child Abduction
- Offers training programs to law-enforcement and social-service professionals
- Distributes photographs and descriptions of missing children worldwide
- Coordinates child-protection efforts with the private sector
- Networks with nonprofit service providers and state clearinghouses about missing-persons cases

The center's hot line to report a missing child is: 800-THE LOST (800-843-5678)

If you would like more information, go to: http://www.missingkids.com/missingkids/servlet/PublicHomeServlet?LanguageCountry=en_US

Cliff has also taken on another major commitment. He will be receiving a bloodhound puppy from the Jimmy Ryce Foundation. The puppy and Cliff will go through tracking/trailing training for almost two years. Currently, there is no trailing bloodhound available in this area. Cliff and the bloodhound will be able to assist when there are missing children, missing adults, crime scene investigations, etc.

The Jimmy Ryce Foundation and Center for Victims of Predatory Abduction was established in June 1996. It was established in memory of nine year old Jimmy Ryce who was kidnapped at gunpoint from his school bus stop, sodomized and shot on September 11, 1995. So what does the Jimmy Ryce Center do?

- -Provides AKC bloodhounds free to law enforcement to find abducted and lost children.
- -Counsels and provides support to parents of children abducted by sexual predators.
- -Increases public awareness of sexual predators and predatory abductions through speeches, brochures, radio, and television appearances.
- -Provides information to teachers and parents on what to teach children to make them more predator smart and thus more predator resistant.
- -Identifies legislation and programs which better protect children from sexual predators.
- -Assists law enforcement in developing more effective procedures for handling predatory abductions.
- -Works to improve coordination and cooperation among state missing children clearinghouses, missing children nonprofit organizations, and law enforcement.

For more information about the Ryce Foundation, go to: http://www.jimmyryce.org/

Highlights from the June 2007 Board Meeting

- <u>May Monthly Report</u> –Wayne reported 441 service hours by members. The Board approved the report.
- <u>Treasurer's Report</u> –Candy Hudson reported that all Kiwanis shirts had been paid for by members. The current balance in the Treasury is \$5,288.99 as of 6-6-07. The Board approved the report.
- <u>Sound System</u> David Butler reported that he had checked the system and that it should work. He will check on a different microphone. Mike Damler said that he would also look over the system and assist David.
- <u>Agriculture Books</u> Carole Weber has obtained a list of the Ag book for children that the Tuscola library currently has. The club may furnish additional books from the Martha Burris list.
- <u>Board of Directors</u> Because Kevin, as vice-president, will be on the board for 2007/2008, the club will need to fill the unexpired term of 1 year. Mike Damler and Carole Weber are completing their 3rd year as board members, therefore the club will need to elect 2 members for a 3 year term.
- <u>Tuscola Sesquicentennial</u> Candy reported that people are needed to volunteer to take tickets at the main booth. The shifts are 2 hour slots. She will have a sign-up sheet for the next meeting. Darrell will appoint a committee to decorate the Kiwanis float for the parade.
- <u>I-I District Convention</u> The voting delegates from the Tuscola Club will be Ed Wachala, David Butler and Janet Butler. Mike Damler will be an at large delegate since he is the Division 27 Lt. Governor. Wayne Ward will be a delegate representing the Sullivan Club. The convention is in Rockford, Illinois August 10-12.
- <u>Pancake Breakfast</u> A date for the 2007 annual Pancake Breakfast has not been set at this time. A chairman for this event is needed.

- <u>Tuscola Torpedos Swim Team</u> The club has been a sponsor of the swim team every year since being chartered. We have been the only service club assisting the team in the past. The Board approved a \$400.00 payment to the swim team treasurer.
- <u>Club Semi-Annual Dues</u> The \$50.00 semi-annual dues should be paid to Candy or Wayne by the July 30th meeting.
- <u>Children's Miracle Network</u> Mike reported that the club has received \$93.00 from the recycling of ink cartridges. The Board approved a \$100.00 donation to the Children's Hospital unit in Springfield, Illinois.
- <u>Skip-A-Meal</u> Club members donated \$120.00 to the Skip-A-Meal program for the Kiwanis International Children's Fund. The Board approved a check in the amount of \$120.00 to be sent to Kiwanis International.
- Membership Drive A membership campaign was discussed. Dave Dobson again agreed to chair the event in late August. The club currently needs one more member to reach its 25% increase goal, however we have at least one member leaving the membership.

(Full text on club website)

A Joke In Honor of Our Esteemed President

A thief in Paris planned to steal some paintings from the Louvre. After carefully planning, he got past security, stole the paintings and made it safely to his van. However, he was captured only two blocks away when his van ran out of gas.

When asked how he could mastermind such a crime and then make such an obvious error, he replied, "Monsieur, that's the reason I stole the paintings. I had no Monet to buy Degas to make the Van Gogh."

Author: Unknown

New items on the website: 2006/2007 school year updates for the B.U.G. program, pictures from Kiwanians walk for Relay for Life, trauma doll workshop, Share Food distribution, Kiwanis International recognizes Wayne Ward and program photos.

Web Site Tip: If you bring up the members list and it does not format correctly the first time, click your "refresh" button and it should be fine.

Please provide any information, pictures, updates and corrections for the newsletter and/or website to:

dbutler@tuscolakiwanis.org or jbutler@tuscolakiwanis.org